

CASAC - Credentialed Alcoholism and Substance Abuse Counselor

CREDENTIALLED ALCOHOLISM AND SUBSTANCE ABUSE COUNSELOR

NYSOASAS requires CASAC exam applicants to complete 350 hours of classroom instruction, which must be apportioned among four distinct categories described below:

CATEGORY I. (85 HOURS)

KNOWLEDGE OF ALCOHOLISM AND SUBSTANCE ABUSE

Physical, Psychological, and Pharmacological Effects of Addiction
Comprehensive Knowledge: Diversity of Alcoholism and Substance Abuse Treatment Approaches
Knowledge of 12-Step and Self-Help Programs

CATEGORY II. (150 HOURS)

ALCOHOLISM AND SUBSTANCE ABUSE COUNSELING

Individual, Group, and Family Issues, and Related Counseling Skills
Communicable Diseases and Health Issues: HIV/AIDS, STDs, TB, Hepatitis
Vocational Educational Counseling
Relapse Prevention
Special Client Populations
Human Growth and Development

CATEGORY III. (70 HOURS)

ASSESSMENT, CLINICAL EVALUATION, TREATMENT PLANNING, CASE MANAGEMENT, AND CLIENT, FAMILY, AND COMMUNITY EDUCATION

Screening, Assessment, and Evaluation Tools and Skills, DSM-IV Criteria
Treatment Planning, Clinical Recordkeeping, and Discharge Planning
Case Management and Referral
Client, Family, and Community Education

CATEGORY IV. (45 HOURS)

PROFESSIONAL AND ETHICAL RESPONSIBILITIES AND DOCUMENTATION

Counselor-Client Relationships
Counselor Ethics
Professional Role Development, Management
Professional Role Development Confidentiality, Legal Issues, and Documentation

Please call NYSOASAS 1-800-482-9564

or view their website at www.oasas.state.ny.us for further information.